

Benadryl Dosing Table (Diphenhydramine)

Child's Weight (pounds)		20-24 lbs	25-37 lbs	38-49 lbs	50-99 lbs	100+
Liquid 12.5 mg/5 mL		4 mL	5 mL	7.5 mL	10 mL	N/A
Chewable 12.5 mg		N/A	1 Tablet	1-1/2 Tablet	2 Tablets	4 Tablets
Tablets 25 mg		N/A	1/2 Tablet	1/2 Tablet	1 Tablet	2 Tablets
Capsules 25 mg		N/A	N/A	N/A	1 Cap	2 Caps

Indications: Treatment of allergic reactions, nasal allergies, and hives.

Table Notes:

AGE LIMITS: Avoid diphenhydramine under 2 years of age unless instructed by healthcare provider.

DOSAGE: Determine by finding child's weight in the top row of the dosage table

MEASURING the DOSAGE: Syringes and droppers are more accurate than teaspoons. If possible, use syringe or dropper that comes with the medication and measure in mL.

FREQUENCY: Repeat every 6 hours as needed

ADULT DOSAGE: 50 mg

RISK of SIDE EFFECTS: May cause drowsiness and paradoxical excitatory. Use caution when driving or operating heavy machinery after dosing due to potential for sedation and decreased alertness. This is especially relevant for teen drivers.



INTERLACHEN PEDIATRICS